



Access free counselling through the Youth Centre

You are a teen or the parent/guardian of a teen who could benefit from some professional counseling? Through your youth center membership, you can now access up to 8 therapy sessions for free. Contact our Youth Outreach Worker for more information and a referral.

Call text 250-688-9989

Email summitouthoutreach@gmail.com



TALKING HELPS HEAL
KOOTENAYS LTD.